

REFRAMING AND A POSITIVE MINDSET TO MOVE TO THE NEXT LEVEL



15-16 MAC 2023



8.00 PAGI HINGGA 5.00 PETANG



DAERAH SEMPORNA

SINOPSIS KURSUS

Kursus ini bertujuan memberi pendedahan kepada penjawat awam agar sentiasa berfikiran positif. Selain itu, kursus ini juga menggalakkan pengembangan dan pertumbuhan minda sekaligus membantu penjawat awam menyelesaikan masalah yang berlaku terutama dalam pekerjaan secara produktif dan profesional.

BILANGAN PESERTA

30 ORANG

OBJEKTIF KURSUS

From this programme participants will:

- 1. Understand the importance of the critical skills needed for a leader.*
- 2. Recognize and change negative thought patterns, replacing them with positive thinking.*
- 3. Understand the importance and power of Growth Mindset.*
- 4. Develop rapport with individuals and read non-verbal language effectively.*

KANDUNGAN KURSUS

- 1. Module 1 : Positive Thinking and Growth Mindset in the New Era.*
- 2. Module 2 : Being Proactive As A Habit.*
- 3. Module 3 : Begin with The End in Mind.*
- 4. Module 4 : Creating Your Success Stories.*
- 5. Module 5 : Find Your Why.*
- 6. Module 6 : How to Inculcate a Positive Thinking and Growth Mindset Culture.*
- 7. Module 7 : Visioning Ahead.*
- 8. Module 8 : Synergize.*

PENDEKATAN KURSUS

- Short lecturers
- Discussions
- Question and Answer
- Games
- Learning Activity

TARIKH TUTUP PERMOHONAN

2 MARCH 2023



PENCERAMAH

NURUL FATHIYAH ABDUL MUEN

Multimedia University with a Bachelor of Multimedia in Software & Animation, MBA from MARA University of Technology

KUMPULAN SASAR

GRED 41 KE BAWAH

PERTANYAAN

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CARA MEMOHON

Permohonan boleh dibuat secara online di www.spmlb.sabah.gov.my ATAU mengisi Borang Permohonan Kursus (<https://insan.jpan.my/>) untuk memohon secara manual.